Benefits of Continuing Care

Life Plan Communities provide numerous benefits beyond stunning Independent Living residences and a vast social network. Our robust, specially designed wellness programs help keep you living healthier for longer. However, should you need it in the future, we have a full continuum of care under one roof, from some help with the activities of daily living to specialized nursing care in private suites. This means you can enjoy peace of mind for the future knowing both your short- and long-term healthcare needs are provided for.

Our levels of care include:

- Assisted Living for those who require some help with the activities of daily living
- Skilled Nursing and Rehabilitation (short- and long-term) on-site
- Memory Support for those suffering from Alzheimer's or other memory-impairing illnesses
- Home Care for those who desire assistance within their own Independent Living residence

Other support services:

- On-site wellness screenings
- A comprehensive wellness program to support optimal health

Having this full continuum of care on-site, provided by professional staff you know and trust, ensures your healthcare needs will be taken care of for life, even if they change over time.

Continued on back



Financial Benefits of Life Plan Communities

People today are living longer than ever thanks to tremendous advances in science and medical care, but that also means many individuals will need to be able to afford healthcare longer. According to the Center for Retirement Research at Boston College, the average American retiree uses three times as much healthcare as the average worker. When you live in a Life Plan Community like Mirabella, for example, there are ways to offset some of the cost of healthcare:

- long-term healthcare services at below-market rates
- potential tax breaks for medical expenses (check with your tax advisor)

Over time, the financial benefits of moving to a Life Plan Community are clear.

MIRABELLA
PORTLAND

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Mirabella Portland is a resident-centered, non-profit Pacific Retirement Services community and an Equal Housing Opportunity.

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