

## Services & Amenities Included in Monthly Fees

- 500 dining points with the flexibility to choose what you want, when you want it
- Utilities (heat, A/C, water, sewer, garbage, phone)
- High speed private internet
- Basic cable TV service
- Property taxes
- Housekeeping services
- General maintenance of appliances, fixtures, and common spaces
- Scheduled transportation to medical appointments, shopping, cultural arts events, airport & more
- Emergency pendant/call system
- 24-hour security
- 24-hour concierge service
- Wellness Programs:
  - Fitness Center including strength training equipment, treadmills, pool, exercise bikes, whirlpool tub, sauna, and more
  - Exercise classes (about 20 to 30 classes per week), including aqua-aerobics
  - Health screening clinics
- Short-term stays in our skilled nursing center
- Access to on-site lectures, workshops, and performances
- Movies, bridge, mahjong
- Group outings
- In-house library
- Use of art studio and woodshop including classes
- In-home package delivery service

